



Farm and Food Leaders Summer 2018 Internship Application

Thank you for your interest in the summer internship! ORIS is proud to announce the 4th upcoming year of the Farm and Food Leaders Internship. ORIS Farm and Food Youth internship is currently accepting applications for an 8-week farm-learning internship combining the concepts of organic farming, pests and weed management, social & food justice, healthy eating, financial literacy, shared agriculture criteria's and maintenance of farm duties. Through the operation of the Dunbarton Farm, the internship will be held starting from the end of June until the beginning of August. The internship curriculum is designed to equip interns with the tools to become a positive change in their own lives and within their communities.

The Organization for Refugee and Immigrant Success (ORIS)'s is an ethnic community-based organization with a mission to "aid in the resettlement of refugee and immigrant groups in the state of NH by providing assistance, training, resources, and opportunities that promotes self-sufficiency." ORIS fosters the self-sufficiency and integration of new Americans and is currently offering capacity-building youth internships.

The program is designed to provide teen-aged refugee youth with job training to advance into a blossoming career. Throughout the program, educational sessions will be interactive and give participants opportunities to put their newly developed skills into action.

Responsibilities, interns can expect how to:

- Cultivate healthy soil
- Learn the use of tool safety management
- Develop pest regulating techniques in a natural way
- Actively engage in greenhouse tasks: washing vegetables, packing CSA, harvesting, managing crops
- Learn seed germinating methods
- Work with volunteers on farm leadership projects
- Build and maintain raised bed gardens
- Gain Opportunities to work on an operable sustainable farm and become familiar with landscape design principles

Social Action

- Engages in community participation to grow wholesome foods at low costs
- Participate in nutrition workshops
- Food donation and distribution while working within the community

Requirements

You do not need to have prior experience in farming. We will enable and provide the skills needed to gain the confidence to create a thriving community. We seek candidates who are passionate about working hard, valuing the food system, and community building within the Manchester, NH area. We appreciate the willingness to get dirty and a strong commitment to work for the entire 8 weeks.

Benefits

- Students that are eligible will have the opportunity to earn 1 school credit upon their completion
- Receive fresh vegetables from the farm
- Advancement into agriculture/farming career opportunities
- Paid internship position
- Exciting opportunity to travel and explore the environment around us
- Develop the idea of friendly and independent thinkers
- Learn farming business planning skills
- Financial literacy-importance of having a bank account and learning the process of what it means to invest, save, deposit, and mindful spending
- Analyze a plan for long term goals

Objective

The importance of having access to a farm provides plentiful benefits such as reducing healthy barriers, fostering a connection in the community and promoting healthy ecosystems. Not to mention, vegetables for you and your family to share and getting paid! We hope that this will be a great platform for students to acquire knowledge and be inspired to learn and help the community grow.

Application and Selection Process

ORIS will begin accepting internship applications from the beginning. Once the application is completed, either drop the application off at the ORIS office or leave it with your guidance counselor.

Additional Information

For more information about ORIS or the youth internship program, contact the Farm and Food Youth Coordinator Ameenah Shabazz at Ashabazz@refugeesuccess.org.

ORIS Office: 434 Lake Avenue 2nd Floor Manchester, NH 03103

Phone: 603-296-0443

Please return completed applications to your ELO Coordinator: Angela Bourassa (Central) or Claudette Knieriem (West) no later than FRIDAY MAY 4, 2018

You can type your answers or write directly on the application form. Important: If you chose to write directly on the application, please make handwriting legible and be sure to fill out every section to the best of your ability.

Good Luck!!!

Internship Application

Applicant Information		
Last Name:		First:
Street Address:		Apt/Unit:
City:	State:	Zip:
Phone:	Cell Phone:	
Date of Birth: MM/DD/YYYY	**Email address:	
Have you ever been convicted of a felony? <input type="checkbox"/> No <input type="checkbox"/> Yes		If yes, please explain:
How did you hear about our internship program?		

****Email, please provide a functional email address, please write it clearly. You will receive all follow up and notification messages primarily through email.**

Paperwork Required
<p>The following paperwork will be required to enroll in the program. This paperwork is not required now; however, it should be noted that there are steps to complete after acceptance into the program.</p> <ul style="list-style-type: none">• Medical Information Form (completed by your doctor)• Health Emergency Form• Parent/Guardian Consent & Agreement Form• Work Permit (when applicable)• Employers Request for Child Labor Form (if you are younger than 16)
I understand that I will need to obtain these items at a later date <input type="checkbox"/> Yes <input type="checkbox"/> No

Areas of Interest

Our Farm & Food Leader Program is designed to teach career success in the food growing industry. Leaders will learn a great deal about how to grow food and bring it into the local community and economy. Please **CHOOSE THE TOP FIVE** boxes next to the areas that interest you the most: *

<ul style="list-style-type: none"><input type="checkbox"/> Becoming a Farmer<input type="checkbox"/> Working Outdoors<input type="checkbox"/> Friends & Community<input type="checkbox"/> Working on a Farm<input type="checkbox"/> Managing Soil Health<input type="checkbox"/> Pest Control & Problem Solving<input type="checkbox"/> Managing Watering Systems<input type="checkbox"/> Farmers Markets<input type="checkbox"/> Running a Farm Stand<input type="checkbox"/> Crop Care & Maintenance<input type="checkbox"/> Food Justice<input type="checkbox"/> Analyzing Food Prices and Sales Levels	<ul style="list-style-type: none"><input type="checkbox"/> Cooking/Recipes<input type="checkbox"/> Food in Restaurants<input type="checkbox"/> Food in Hospitals<input type="checkbox"/> Studying Food Systems<input type="checkbox"/> Going to College<input type="checkbox"/> Solving Hunger<input type="checkbox"/> Food Banks & Food Pantries<input type="checkbox"/> Business Marketing<input type="checkbox"/> Business Management<input type="checkbox"/> Health & Wellness<input type="checkbox"/> None of the above<input type="checkbox"/> Other _____
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Experience/Education and Skills

Current employment status: Full-time Part-time Not Employed Volunteer

Current or most recent position held:

Are you currently a full-time student?

Yes No

Name of school attending (if applicable):

Current Level of Education:

___ H.S. Senior ___ H.S. Junior

___ H.S. Sophomore ___ H.S. Freshmen

If yes, please list language (s):

Do you speak any other languages?

Yes No

Fluent Semi-Fluent Basic

Personal Information: Below are a series of questions about yourself, please use a separate sheet of paper if needed

Your Interest:

1. Why are you interested in an internship in working with ORIS Farm and Food Intern?
2. What special personal characteristic/quality/experience or skill in which you possess to bring to the ORIS organization, please describe.

Candidate Goals

3. Describe your long-term career goals:
4. What do you hope to gain from this experience?

Academic and Extracurricular Experience:

5. What contribution are you willing to commit to make in your community? (*i.e. volunteering at the food bank, helping with a community garden, buying vegetables from local farmers markets etc.*)
6. What community service or extra curriculum organizations are you involved in either at school or outside of the school.

Leadership and Interpersonal Skills:

7. What are the 3 most important values you demonstrate as a leader:
8. What do you help to gain and/or improve on if you were to become a Farm and Food Leader Intern?

Work Ethic:

9. What have you learned from your own experiences/struggles outside the classroom. How has this experience prepared you to be the best person that you are?



434 Lake Avenue 2nd Floor, Manchester, NH 03103 Ph: 603-296-0443

Disclaimer and Signature

I certify that my answers are true and complete to the best of my knowledge. If this application leads to an internship assignment, I understand that false or misleading information in my application may result in my release.

Print name:

Signature:

Date: _____

Professional Reference

Applicants must provide at least 1 written reference from someone who is not an immediate family member

Reference Information		
Name of Applicant :		Date
Name of person giving reference:		
Phone :	Cell Phone:	
Email address:		
Street Address :		Apt/Unit :
City :	State	Zip

Information *(please feel free to use a separate sheet of a paper)*

1. For how long and in what capacity have you known the applicant?
2. Please comment on the applicant's ability to follow through on commitments (please provide examples)
3. In what ways would the applicant contribute to the internship program at ORIS

